

2024 Ptarmigan Country Club Swimming Pool Information

Email: ptarmiganccpool@gmail.com

POOL INFORMATION:

Opening Day May 25th, 2024 Hours: 11am-7pm

Fourth of July: 11am-5 pm

School Hours (August 11th - September 2nd): Hours: Mon-Fri POOL CLOSED Sat-Sun: 11am-7pm

> Closing Day September 3rd, 2024 Hours:11am-5pm

2024 Lesson Schedule SIGN-UP FOR LESSONS STARTS OPENING DAY

Lessons run in two week increments with a week break between sessions A & B. *All lessons are subject to cancellations due to insufficient enrollment.

Rates:

GROUP: Members \$65
PRIVATE: \$40/per child per half hour
SEMI-PRVATE: \$20/per child per half hour

Meeting Time	Session A (June 10 – June 20)	Session B (June 24– July 3) *This will have 1 Friday class*	Session C (July 15 – July 25)
9:45 – 10:15 a.m.	Youth Yellow Primary Blue Primary Green	Youth Yellow Primary Blue Primary Green	Youth Yellow Primary Blue Primary Green
10:20-10:50 a.m.	Tiny Tot White Tiny Tot Red Youth Blue	Tiny Tot White Tiny Tot Red Youth Blue	Tiny Tot White Tiny Tot Red Youth Blue

^{*}schedule may change according to demand

Private Swim Lessons

Once again Ptarmigan will offer private swim instruction with any of our highly trained guards. The cost is only \$40 per half-hour per child. Semi-Private lessons are \$30 per half-hour and no more than 3 children in a semi private lesson

Description of Classes

<u>Tiny Tots:</u> (Ages 3 – 5) Designed to meet the needs of preschoolers, this course will develop a high comfort level in the water, a readiness to swim, and for those children who are developmentally ready, teach beginning swim skills. This class approaches teaching swimming through creative, fun activities in the water. Students work toward development of the five core swimming competencies. Children progress at their own pace in a small group setting.

<u>Youth:</u> (Ages 6 – 8) Students work toward development of the five core swimming competencies. The color levels are used to divide students into broad ability groups. Children progress at individual rates with the opportunity to learn the core swimming skills and progress to advanced strokes. Learning is self-paced but challenging. 5 year olds at Level Red or above may enroll. <u>Primary:</u> (Ages 9 – older) Students work toward development of the five core swimming competencies and receive color level patches for each achievement. The color levels are used to divide students into broad ability groups. Children progress at individual rates with the opportunity to learn the core swimming skills and progress to advanced strokes. Learning is self-paced but challenging. 5 year olds at Level Red or above may enroll.

Core Skills Achievement Levels							
	White	Red	Yellow	Blue	Green		
Ages 3 – 5	If the student Is afraid of water	If the student Can't swim	If the student Is not afraid	If the student Can swim	If the student Can tread water for at least 15 seconds		
Ages 6 – 8 Ages 9 – older	Can't swim at all Will not get face wet	without support but loves the water Will get face wet	Can float on front and back Can jump in and return to surface	underwater or on the surface, and can get an occasional breath	Can swim freestyle with rotary (side) breathing		
	SIGN UP FOR WHITE GROUP	Will jump in SIGN UP FOR RED GROUP	SIGN UP FOR YELLOW GROUP	SIGN UP FOR BLUE GROUP	SIGN UP FOR GREEN GROUP		

FOR MORE INFORMATION ON SWIM LESSONS PLEASE CONTACT US AT ptarmigancepool@gmail.com