



2023 Ptarmigan Country Club Swimming Pool Information

Email: ptarmiganccpool@gmail.com

POOL INFORMATION:

Opening Day May 27th, 2023

Hours: 11am-7pm

Fourth of July:

11am-5 pm

School Hours (August 14th - September 3rd):

Hours: Mon-Fri POOL CLOSED

Sat-Sun: 11am-7pm

Closing Day September 4th, 2023

Hours: 11am-5pm

2023 Lesson Schedule

SIGN-UP FOR LESSONS STARTS OPENING DAY

Lessons run in two week increments with a week break between sessions A & B.

*All lessons are subject to cancellations due to insufficient enrollment.

Rates:

GROUP: Members \$65

PRIVATE: \$40/per child per half hour

SEMI-PRIVATE: \$20/per child per half hour

Meeting Time	Session A (June 12 – June 22)	Session B (July 3– July 13) *This will have 1 Friday class*	Session C (July 17 – July 27)
9:00 – 9:30 a.m.	Youth Yellow Primary Blue Primary Green	Youth Yellow Primary Blue Primary Green	Youth Yellow Primary Blue Primary Green
9: 40 – 10:10 a.m.	Tiny Tot White Tiny Tot Red Youth Blue	Tiny Tot White Tiny Tot Red Youth Blue	Tiny Tot White Tiny Tot Red Youth Blue
10:20 – 10:50 a.m.	Tiny Tot White Tiny Tot Red Youth Yellow	Tiny Tot White Tiny Tot Red Youth Yellow	Tiny Tot White Tiny Tot Red Youth Yellow

**schedule may change according to demand*

Private Swim Lessons

Once again Ptarmigan will offer private swim instruction with any of our highly trained guards. The cost is only \$30 per half-hour per child. Semi-Private lessons are \$30 per half-hour and no more than 3 children in a semi-private lesson.

Description of Classes

Parent & Tot: To help young children (age 6-36 months) develop a comfort level in and around water, as well as a readiness for learning to swim. Parent must accompany child in the water.

Tiny Tots: (Ages 3 – 5) Designed to meet the needs of preschoolers, this course will develop a high comfort level in the water, a readiness to swim, and for those children who are developmentally ready, teach beginning swim skills. This class approaches teaching swimming through creative, fun activities in the water. Students work toward development of the five core swimming competencies. Children progress at their own pace in a small group setting.

Youth: (Ages 6 – 8) Students work toward development of the five core swimming competencies. The color levels are used to divide students into broad ability groups. Children progress at individual rates with the opportunity to learn the core swimming skills and progress to advanced strokes. Learning is self-paced but challenging. 5-year-olds at Level Red or above may enroll.

Primary: (Ages 9 – older) Students work toward development of the five core swimming competencies and receive color level patches for each achievement. The color levels are used to divide students into broad ability groups. Children progress at individual rates with the opportunity to learn the core swimming skills and progress to advanced strokes. Learning is self-paced but challenging. 5-year-olds at Level Red or above may enroll.

Core Skills Achievement Levels					
	White	Red	Yellow	Blue	Green
Ages 3 – 5	<i>If the student...</i> Is afraid of water...	<i>If the student...</i> Can't swim without support but loves the water...	<i>If the student...</i> Is not afraid...	<i>If the student...</i> Can swim underwater or on the surface, and can get an occasional breath...	<i>If the student...</i> Can tread water for at least 15 seconds...
Ages 6 – 8	Can't swim at all....	Will get face wet...	Can float on front and back...		Can swim freestyle with rotary (side) breathing...
Ages 9 – older	Will not get face wet....	Will jump in...	Can jump in and return to surface...		
	<i>SIGN UP FOR WHITE GROUP</i>	<i>SIGN UP FOR RED GROUP</i>	<i>SIGN UP FOR YELLOW GROUP</i>	<i>SIGN UP FOR BLUE GROUP</i>	<i>SIGN UP FOR GREEN GROUP</i>

**FOR MORE INFORMATION ON SWIM LESSONS PLEASE CONTACT US AT
ptarmiganccpool@gmail.com**